Hygiene Habits in the School Setting

Bella Monse, GIZ Fit for School
FIT FOR SCHOOL

MAKING CHILDREN
FIT FOR SCHOOL //
TRANSFORMING SCHOOLS INTO HEALTHY PLACES

SCHOOL MANAGEMENT

MONITORING

HANDWASHING
TOOTHBRUSHING
DEWORMING

BRINGING DRINKING WATER TO SCHOOL
CLEANING & MAINTENANCE

WATER FACILITIES
GROUP WASHING FACILITIES
TOILETS

SUPPLIES

INFRASTRUCTURE & MATERIALS

STAKEHOLDERS

SCHOOL HEAD
TEACHERS
STUDENTS
PARENTS
COMMUNITY
EDUCATION OFFICE

ROUTINE
PLANNING & BUDGETING
STAKEHOLDER INVOLVEMENT
Group Handwashing – Eliminating barriers by imposing activity

- Stable context in school routine
- Establishing link ‘prior to eating’
- Logistical management
- Using minimal water
How To Look at Hygiene Habits

1. The *automaticity* of the behavior.
2. The *frequency* of the behavior.
3. The *context* of the behavior.
Stages of WinS Interventions

Knowledge
• Health Education
• IEC Materials
• Curriculum
Hygiene Behavior – a management task

- Orchestrate WinS activities as a school based management task
- Assure compliance of teachers
- Ensure availability of materials
- Assure regular maintenance activities
- Link with community and parents to seek for assistance where needed
Teachers’ roles: Assure stable context

- Assuring proper technique of handwashing & toothbrushing

- Strict adherence to daily activity (management task)

- Ensure cleanliness of facilities & adequacy of materials

- Keep close partnership with parents
Students’ roles: Training leadership

- Remind the teacher on the activity
- Student leading activity (‘Little doctors /nurses’)
- Cleaning the facilities
- Bringing water
- Distributing soap/ toothpaste
Parents’ role: Provide support structure

- Contribute to the construction of facilities
- Lobby for WinS in the community council
- Support school, if consumables not available
- Actively engage in PTA meetings.
Role of WatSan sector: Hardware for WinS

- Construction of facilities
- Major rehabilitation / repair
- Training / orientation for maintenance and minor repair
Role of health workforce: Technical assistance

- Ensure Quality of drinking water
- Orientation of teachers on importance of hygiene
- Training of students on hygiene promotion
- Orient parents and answer their questions during regular PTA meetings
Thank You!