Attitudes and Sustainability: Myths and Realities

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Introduction: the problem

- 2.4 billion people no adequate sanitation
- over 90% of sewage: polluting rivers, lakes and coastal areas
- conventional sanitation: two options
 - "drop and store" and
 - "flush and forget"
- conventional sanitation: neither ecological nor economical solution

What can be done?

Ecological Sanitation (EcoSan): an alternative

- to avoid disadvantages of conventional system
- holistic approach towards ecologically and economically sound sanitation
- experts: EcoSan technologies superior
 - no grantee for adoption
 - even in developed countries uptake of sustainable waste management: disappointing
 - rationality alone may not convince the user to adopt EcoSan.

What can be done?

Questions

- If rationality of experts is not the determinant of EcoSan, then what are the determinants?
- What is the role of attitude of potential adopters?
- What is the relationship between attitudes toward EcoSan and its adoption?

Aim of this paper

- is to differentiate myths and realities regarding the adoption of sustainable practices and to provide recommendations regarding promotion of EcoSan practices.
 - What factors contribute to adoption of sustainable behaviors (EcoSan practices)?

Linking attitude and behavior What is attitude

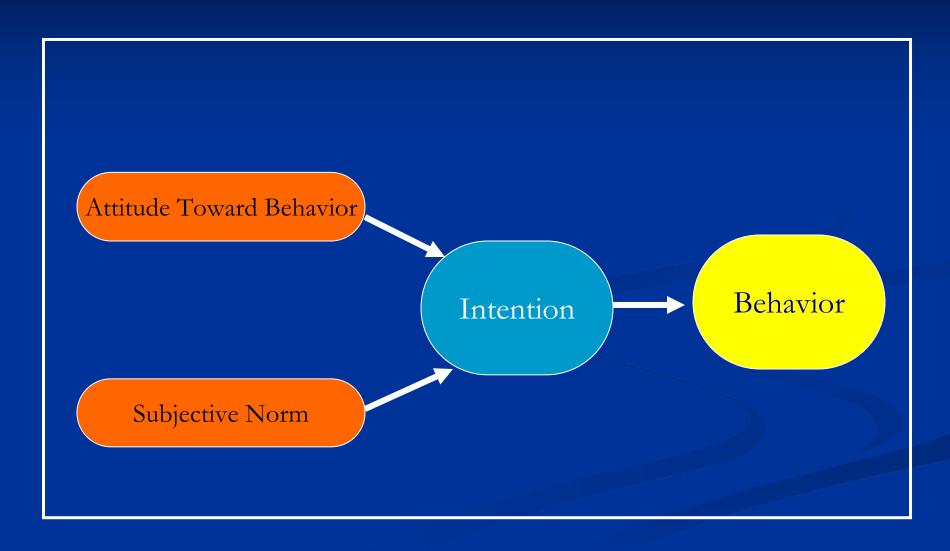
- Attitudes are defined as a disposition to respond favorably or unfavorably to an object, person, institution or event
- Attitudes are formed by what an individual perceives to be true about the attitude-object
- Attitude is a predisposition to act in a certain way
- It is the state of readiness that influences a person to act in a given manner

Linking attitude and behavior: causal relationships between attitudes and behaviors

- Investigators have taken four different positions:
 - attitudes cause behaviors;
 - behaviors cause attitudes;
 - attitudes and behavior have mutual causal impact;
 and
 - attitudes and behaviors are slightly, if at all related (Bentler and Speckart, 1981)

What are the major theories that have been developed to explain the relationship between attitudes and behavior?

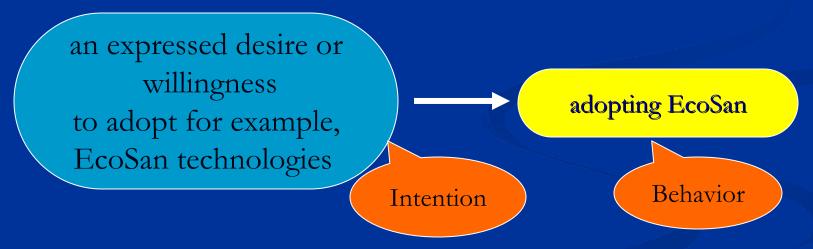
Theory of Reasoned Action (TRA)



TRA:



- Behavior is determined by Intention
- For example:

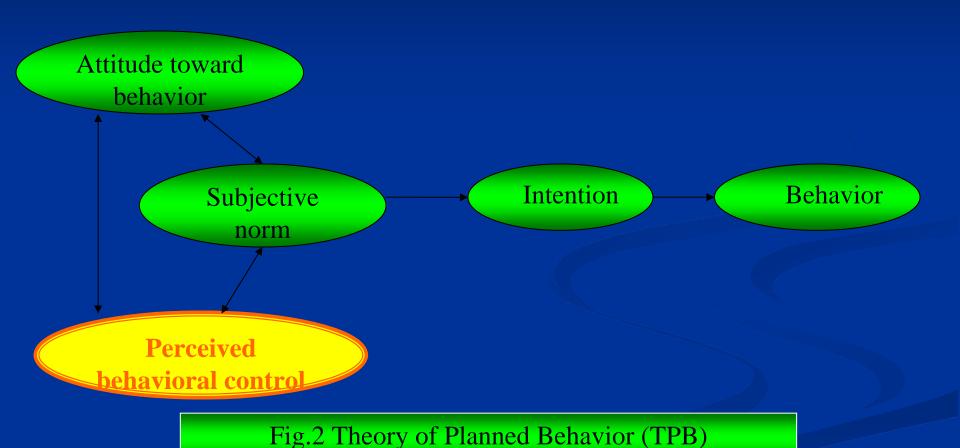


TRA:



- Behavior intention in turn is predicted by attitude towards that behavior and subjective norms
- Attitudes refer to a person's overall assessment of the advantages and disadvantages of performing a given behavior (for example, that EcoSan helps the environment or that it increases soil fertility)
- Subjective norm examines a person's perception of the social pressure from significant others to perform the behavior (for example, noticing that most people adopted EcoSan)
 - It refers to the perceived social pressure to perform or not to perform the behavior

Theory of Planned Behavior (TPB)



TPB

- The Extension of TRA
- two elements mentioned previously, that is,
 - "attitude towards behavior" and
 - "normative" are retained,
- however a third element is added
 - "perceived behavioral control"
 - refers to the perceived ease or difficulty in performing the behavior
 - People who believe that they have no control over a situation are unlikely to form strong behavioral intentions, even if they hold positive inclinations towards the behavior

TPB assumes

- behaviors are not within a person's control
- Perceived behavioral control deals with ease or difficulty of performing the behavior, Contributing factors are:
 - past experiences,
 - knowledge,
 - competencies,
 - resources,
 - opportunities and barriers to performing the task.
- e.g. individual identifies that they may not have the necessary personal resources to carry out their intentions: adopting EcoSan

Factors influencing EcoSan attitudes and behaviors

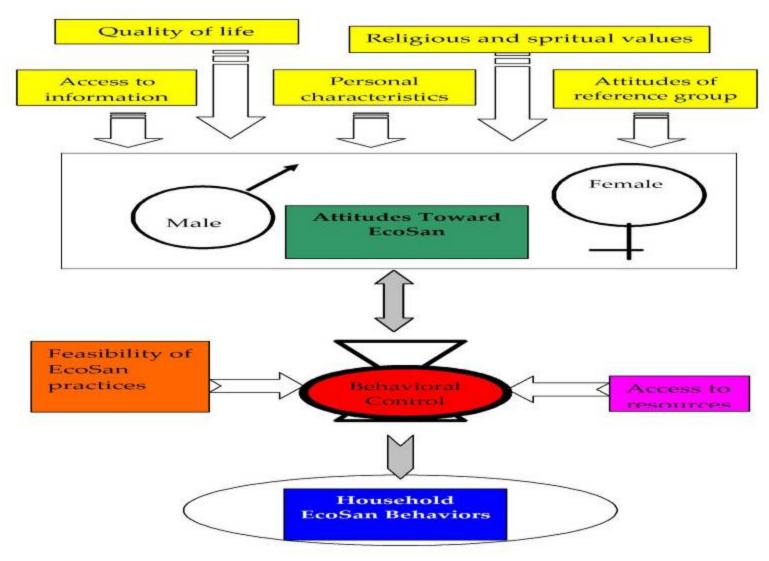


Fig.3. Conceptual model of factors influencing attitudes and behaviors with regard to EcoSan practices.

Source: Karami and Mansorabadi (in press)

Factors influencing EcoSan attitudes and behaviors:

Attitude towards sustainable sanitation

- factors which influence belief system and contribute toward formation of EcoSan beliefs:
 - religious and spiritual values,
 - Religions: the concept of cleanness
 - strongly influence the way people evaluate EcoSan
 - attitude towards crops produced from human excreta and re-used water
 - quality of life,
 - better quality of life are expected to poses more negative attitudes toward sustainable sanitation and
 - consumption of crop produced in EcoSan cycle
 - access to information,
 - fundamental contributor towards attitude formation
 - If have is trustworthy knowledge they are likely to engage in the behavior
 - personal characteristics
 - Such as age and education
 - attitudes of reference group

Factors influencing EcoSan attitudes and behaviors Control factors

- beliefs about the presence of factors that may further or hinder performance of the behavior
 - e.g.: access to resources and feasibility of sustainable sanitation practices
- behaviors are not within a potential adopter's control
- believe: neither the resources nor the opportunities to perform sustainable sanitation practices>> unlikely to form strong behavioral intentions
- Economic factors, access to resources and feasibility of sustainable sanitation practices >>>significantly affect EcoSan behaviors.

Factors influencing EcoSan attitudes and behaviors Sustainable sanitation behaviors

- Sustainable sanitation management includes:
 - Minimize: withdrawal of finite natural resources
 - Stop: release of non-biodegradable substances
 - Maintain: circular flows of matter
 - Withdrawal of renewable resources should not exceed the pace of their regeneration.
- People will perform the sustainable sanitation behaviors if:
 - they have developed positive attitudes toward them and
 - believe they are capable of performing the practices with easy

It can be concluded that:

- availability of EcoSan technologies is crucial for sustainable development.
- rate of adoption of EcoSan is rather slow.
- EcoSan is not only a technical problem >>social problem
- Attitudes are important >>taken into account:
 - religious and spiritual values, quality of life, access to information, personal characteristics and attitudes of reference group
- Subjective norm (social pressure) >> EcoSan behaviors.
- believe capable of performing EcoSan with ease >> behavior.
- In combination, attitude toward the behavior, subjective norm, and perception of behavioral control lead to the practice of a sustainable sanitation behavior.

EcoSan plans need careful social planning.