



# Assessment Forms MHH Training of Trainers

## PRE-ASSESSMENT

To be used right before the awareness training.

No.	Question	Yes	No	Do not know / Not applicable
1)	Menstruation is a women's issue. Men, community, government should not get involved in menstrual hygiene management.			
2)	Female-friendly sanitary facilities are important for safe and hygienic MHM practices.			
3)	When on the period, should girls and women be restricted from attending school and from taking part in everyday life activities?			
4)	Are you confident to teach skills to change and dispose of or wash menstrual materials?			
5)	If you delay having menstruation by the age of 16 years, it surely means you are barren.			

## POST-ASSESSMENT

To be used right after the training.

No.	Question	Yes	No	Do not know / Not applicable
1)	Menstruation is a women's issue. Men, community, government should not get involved in menstrual hygiene management.			
2)	Female-friendly sanitary facilities are important for safe and hygienic MHM practices.			
3)	When on the period, should girls and women be restricted from attending school and from taking part in everyday life activities?			
4)	Are you confident to teach skills to change and dispose of or wash your menstrual materials?			
5)	If you delay having menstruation by the age of 16 years, it surely means you are barren.			
6)	The information given out in the training will be useful for me to spread knowledge and awareness in the future.			
7)	Misconceptions about menstruation that I have had prior to the training are removed.			
8)	The trainer was knowledgeable and sensitive.			
9)	Was there any information you missed? If yes, please explain below			

## EVALUATION-ASSESSMENT

To be used ... weeks/months (time frame to be determined depending on activity and context) after the training.

No.	Question	Yes	No	Do not know / Not applicable
1)	Are you applying the knowledge obtained in the training in your everyday life?			
2)	How many trainings/sessions have you conducted?	Number of trainings:		
3)	How many participants (female/male/age group) could you reach through your trainings? Please indicate in table below.			
		Female	Male	Total
	Under age of 18			
	Over age of 18			
	Total			